



SOLSTICE

SENIOR LIVING

Live. Life. Vibrantly.



All-inclusive, senior living is within your reach.

New hobbies. No chores. Local adventures. No dishes.
Volunteering with your favorite nonprofit.

However you imagined retirement, it's waiting for you
at Solstice.

Solstice residents enjoy a carefree environment shaped
by our all-inclusive approach, industry-leading dining and
activities programs, and our long list of benefits. Leave the
normal burdens of owning or renting a home behind.

You'll keep your independence, even if you need some
help. We proudly partner with home-duty, personal care
professionals and home-care agencies to offer you a
range of personal care services like medication assistance,
transportation, therapy and more based on your needs.

Say yes ...

you deserve it.





ELEVATE®

an enhanced culinary experience



Dining makes a difference.

Our Elevate® dining program combines traditional and contemporary cooking with your favorite local and home-style meals to ensure your dining experiences are innovative and engaging. Enjoy a warm and comfortable dining room staffed by an experienced culinary team. Your on-site chef pays masterful attention to detail, explores new seasonal dishes and accents your meals with the Solstice signature touch.

We create delightful dining experiences based on your personal tastes by creating unique, flavorful menus with a variety of scratch-made options.





BE VIBRANT. BE YOU.

Solstice residents embrace independence while enhancing connections to family, friends, the community and personal passions with Vibrant Life®, our industry-leading resident engagement program.

Our host of optional day trips and activities allows you to expand your interests, routines and abilities. At Solstice, you will be as inspired, challenged and adventurous as you wish.



Seven Components of a Vibrant Life® at Solstice Senior Living



BE INSPIRED

Gain a deeper sense of spirituality and feed the soul!



BE WELL

Intellectual stimulation, get moving and stay active!



BE CHALLENGED

Ignite competitive spirit, learn, grow and be motivated!



BE ADVENTUROUS

Try something new every day, explore and experience the unique!



BE FAMILY

Cherish family connections, share and continue family traditions!



BE SOCIAL

Embrace friendships, celebrate the moments, talk, laugh and listen!



BE CONNECTED

Engage in meaningful community involvement, share experiences and expertise!



THE SOLSTICE WELLNESS PROGRAM

At Solstice, we believe resident choice is the key ingredient to quality senior living. We partner with a variety of health care agencies to empower seniors who need care services to live independently while paying only for the care they need. That's the Solstice Wellness Program.

The Solstice Guarantee: If you or a loved one is interested in learning more about The Solstice Wellness Program, we will schedule a meeting in the next 24 hours to discuss in detail the home care services available in our community via our partner agencies.

*The Solstice Wellness Program
benefits seniors who may be:*

- In need of some assistance but prefer an independent living setting.
- Not as confident or feeling lonely living at home alone.
- Participating in or exiting rehabilitation.
- Concerned about unplanned health care costs.
- Feeling burdened with homeownership.

All-inclusive, senior living is within your reach.

Be You. Live Life Vibrantly.



Welcome to Solstice Senior Living at Bakersfield

Discover the sound of something better at beautiful Solstice Senior Living at Bakersfield. Our independent living community for seniors age 55 years and over is nestled in the quiet southwest portion of Bakersfield, surrounded by beautiful homes, businesses, local schools and parks. Within 2 miles of our community, you will find convenient shopping and entertainment at The Marketplace, live music at the world-renowned Buck Owens' Crystal Palace, and specialty sweets at Bakersfield's Dewar's Candy, along with dozens of other boutique shops.

Need some extra care? We partner with home-duty, personal care professionals and home-care agencies to offer assistance with activities of daily living, such as medication reminders, shower assist and more. Family members and loved ones can find additional comfort with Solstice Senior Living at Bakersfield's proximity to local Memorial and Mercy Southwest hospitals, as well as in the simplicity of service setup, all while allowing you to stay "at home" in our community even when your needs change.

If you or a loved one is looking for an independent living community that supports residents with Vibrant possibilities and Elevated opportunities, on your terms, we'd love to talk to you about how Solstice Senior Living at Bakersfield can meet your needs.

Solstice Senior Living at Bakersfield
8200 Westwold Drive, Bakersfield, CA 93311
(855) 224-2416
SolsticeSeniorLivingBakersfield.com



The joy of an all-inclusive lifestyle is writing just one check a month and having life's daily details taken care of for you. Here are some of the things your Solstice experience will include:

Living Spaces

Spacious and Varied Floor Plans – Find the perfect space and make it your own

Kitchenettes – Your place for your favorite treats

Electricity, Gas, Water and Trash – Utilities included, so no more surprising bills

Cable TV and Wi-Fi – Spectrum's expanded cable channels at no additional costs

Weekly Housekeeping and Linen Service – Provided by our professional housekeeping team

Scheduled Local Transportation – Enjoy group outings or schedule a ride to a local destination

Personalized Home Health Care – Set up services as needs change

Pet-Friendly* – Because everyone needs their best friend

Covered Parking* – Carports available for your personal vehicle

On-Site Complimentary Laundry Facilities – Just bring your favorite soap

Lively™ Mobile Plus
5Star Urgent Response Service from GreatCall® included in your monthly rent

Community Spaces

Beauty Salon* – To stay looking your best without having to go far

Fitness Center – Equipped with various machines to comply with all exercise levels

Movie Theater – Make some popcorn and catch a flick with friends

Pool and Card Hall – Enjoy friendly competition or learn something new

Library – Cozy up with a good book

Activity Room – Enjoy your favorite games, seasonal crafts and more with friends

Landscaped Gardens – Take a walk in our tranquil park-like setting

Private Dining Room – Individualized for exclusive celebrations

Restaurant-Style Dining with Dietitian-Approved Menus – Balanced and nutritious cuisine

Chapel – Continue your spiritual and religious well-being

Accessible Spacious Parking – Residents and guests alike can limit the walk from the car

Floor Plans

Solstice Senior Living at Bakersfield offers several floor plan choices to suit your needs.



A1
Studio
398 SQ FT



A5
Studio
391 SQ FT



B1
One Bedroom
545 SQ FT



C1
Two Bedroom
901 SQ FT



Cottage
Two Bedroom
1,242 SQ FT

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