


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:00  Bakersfield Bible Church Service [CH] <b>1</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>9:15  Bakersfield Bible Church, Part II [CH]</p> <p>10:30  Communion: St. Phillips Church [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Board &amp; Card Games: Skip Bo [CR]</p> <p>3:00  Gospel Music with Ted [ATR]</p> <p>3:00  Root Beer Floats [ATR]</p> <p>5:00  Word Mania [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>9:45  Chair Exercise with Phyllis [ATR] <b>2</b></p> <p>10:00  Bridge [CR]</p> <p>10:15  Bocce Ball [DR]</p> <p>12:15  Table Trivia [DR]</p> <p>12:30  Labor Day Barbecue Burger Bash [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Music with Ed Shelton [ATR]</p> <p>4:00  Art Music and Wine [AR]</p> <p>5:00  Crossword Chaos [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p>9:45  Sit &amp; Be Fit Exercise [ATR] <b>3</b></p> <p>10:15  Left Right Center Game [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Food Committee Meeting [AR]</p> <p>2:00  Hand &amp; Foot Card Game [CR]</p> <p>3:00  Ice Cream Social with Around the Clock [AR]</p> <p>5:00  Wine &amp; Giggles [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>Teacher's Appreciation Week <b>4</b></p> <p>9:45  Squats &amp; Strength Exercise [ATR]</p> <p>10:30  Katra Military Gifts &amp; Jewelry [DR]</p> <p>11:00  Craft Social: Teacher Appreciation Note Cards [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Forest Immersion Therapy [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Beanbag Baseball [ATR]</p> <p>5:00  Word Search Wonder [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p><b>5</b></p> <p>7:50  Honor Flight Breakfast [ATR]</p> <p>9:45  Bands &amp; Balance Exercise [ATR]</p> <p>10:00  Flu Clinic Paperwork [AR]</p> <p>10:30  Bible Study with Rae Ellen [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Knit One &amp; Crochet Two [AR]</p> <p>2:00  Ask the Nurse: Knee Replacements &amp; Emotions</p> <p>3:30  Big Band Music with Steve Woods [ATR]</p> <p>3:30  Happy Hour with Herb &amp; Jesse [ATR]</p> <p>5:00  Sudoku Challenge [ATR]</p> <p>6:45  Poker Game Night [CR]</p> <p>6:45  Sudoku Boot Camp with Herb [AR]</p>	<p><b>6</b></p> <p>9:00  Prayer Circle [CH]</p> <p>9:45  Stretch &amp; Bend w/ Sherrill [ATR]</p> <p>10:00  Teacher Appreciation with Flowers &amp; Cards [ATR]</p> <p>11:00  Avon with Judy [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  New Horse Racing Game [DR]</p> <p>5:00  REBUS Puzzle Solutions [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>7</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>10:30  Donuts &amp; Trivia with Rhonda [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Blood Pressure Clinic [AR]</p> <p>2:00  Intro to Wii Bowling</p> <p>2:00  Jewelry Exchange Trade or Barter</p> <p>3:00  Beanbag Baseball [DR]</p> <p>5:00  Word Jumble Jamboree [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	
<p>8:00  Bakersfield Bible Church Service [CH] <b>8</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>9:15  Bakersfield Bible Church, Part II [CH]</p> <p>10:30  Communion: St. Phillips Church [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Board &amp; Card Games: Phase Ten [CR]</p> <p>3:00  Coffee Cake in a Cup with Music Bingo [ATR]</p> <p>3:30  Communion Service w/First Presbyterian Church [CH]</p> <p>5:00  Word Mania [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>9:45  Chair Exercise with Phyllis [ATR] <b>9</b></p> <p>10:00  Bridge [CR]</p> <p>10:15  Bocce Ball [DR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:45  Knights Jewelers Repair Service [AR]</p> <p>2:00  Monday Matinee: Moonlight Bay [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Pool Noodle Balloon Bash [DR]</p> <p>4:00  Music, Mosaic and Mimosa [AR]</p> <p>5:00  Crossword Chaos [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p>9:00  Flu Vaccine Clinic with Von's Pharmacy [AR] <b>10</b></p> <p>9:45  Sit &amp; Be Fit Exercise [ATR]</p> <p>10:15  Left Right Center Game [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Men's Activity Meeting [AR]</p> <p>2:00  Hand &amp; Foot Card Game [CR]</p> <p>4:00  Margarita's and Massage's [AR]</p> <p>5:00  Wine &amp; Giggles [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>11</b></p> <p>9:45  Squats &amp; Strength Exercise [ATR]</p> <p>10:30  Sewing &amp; Mending with Bea Turner [AR]</p> <p>11:00  Craft Social: Dandelion Qtip Art [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Beach Immersion Therapy [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Beanbag Baseball [ATR]</p> <p>5:00  Word Search Wonder [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p><b>12</b></p> <p>9:45  Bands &amp; Balance Exercise [ATR]</p> <p>10:00  Fashions To You!! [AR]</p> <p>10:30  Bible Study with Rae Ellen [CH]</p> <p>11:30  "Wiki's Bar &amp; Grill" Lunch Bunch [ATR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Knit One &amp; Crochet Two [AR]</p> <p>3:00  A Taste of Another Culture [AR]</p> <p>5:00  Sudoku Challenge [ATR]</p> <p>6:45  Poker Game Night [CR]</p> <p>6:45  Sudoku Boot Camp with Herb [AR]</p>	<p><b>13</b></p> <p>9:00  Prayer Circle [CH]</p> <p>9:45  Stretch &amp; Bend w/Sherrill [ATR]</p> <p>10:15  Bocce Ball [DR]</p> <p>10:15  Candy Bingo [AR]</p> <p>11:00  Costco Shopping &amp; Food Court [ATR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  New Tic Tac Toe Toss [DR]</p> <p>5:00  REBUS Puzzle Solutions [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>14</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>10:30  Who Done it Club [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Blood Pressure Clinic [AR]</p> <p>2:00  Intro to Wii Golf [AR]</p> <p>3:00  Beanbag Baseball [DR]</p> <p>5:00  Word Jumble Jamboree [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	
<p>8:00  Bakersfield Bible Church Service [CH] <b>15</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>9:15  Bakersfield Bible Church, Part II [CH]</p> <p>10:30  Communion: St. Phillips Church [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Board &amp; Card Games: Rummikub [CR]</p> <p>2:30  Sunday Service with Milt Cole [CH]</p> <p>3:00  Butter Beer Floats [ATR]</p> <p>5:00  Word Mania [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>9:45  Chair Exercise with Phyllis [ATR] <b>16</b></p> <p>10:00  Bridge [CR]</p> <p>10:15  Bocce Ball [DR]</p> <p>12:15  Table Trivia [DR]</p> <p>12:30  Fall Fiesta &amp; Margarita Luncheon [DR]</p> <p>2:00  Monday Matinee: Road to Bali [CR]</p> <p>2:00  Resident Council Meeting [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Trivia Toss</p> <p>4:00  Art Music and Wine [AR]</p> <p>5:00  Crossword Chaos [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p>9:45  Sit &amp; Be Fit Exercise [ATR] <b>17</b></p> <p>10:15  Left Right Center Game [AR]</p> <p>11:00  Mary Kay with Valerie [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Food Committee with Admin [AR]</p> <p>2:00  Hand &amp; Foot Card Game [CR]</p> <p>3:30  Big Band Music with Steve Woods [ATR]</p> <p>3:30  Happy Hour with Herb &amp; Jesse [ATR]</p> <p>5:00  Wine &amp; Giggles [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>18</b></p> <p>9:45  Squats &amp; Strength Exercise [ATR]</p> <p>11:00  Craft Social: Peanut Butter &amp; Banana Dog Biscuits [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>12:30  Resident Birthday Celebration [DR]</p> <p>2:00  Forest Immersion Therapy [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Beanbag Baseball [ATR]</p> <p>5:00  Word Search Wonder [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p><b>19</b></p> <p>9:45  Bands &amp; Balance Exercise [ATR]</p> <p>10:30  Bible Study with Rae Ellen [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>12:30  Gold Key &amp; Ambassador Pizza Luncheon [AR]</p> <p>1:30  Knit One &amp; Crochet Two [AR]</p> <p>3:30  Catholic Mass with St. Phillips Church [CH]</p> <p>5:00  Sudoku Challenge [ATR]</p> <p>6:45  Men's Night with Chris &amp; Sal [CR]</p> <p>6:45  Poker Game Night [CR]</p> <p>6:45  Sudoku Boot Camp with Herb [AR]</p>	<p><b>20</b></p> <p>9:00  Prayer Circle [CH]</p> <p>9:45  Stretch &amp; Bend w/ Sherrill [ATR]</p> <p>10:00  Camp Golden Years (For Senior Dogs) [ATR]</p> <p>11:00  Avon with Judy [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  New Twisted Game [ATR]</p> <p>5:00  REBUS Puzzle Solutions [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>21</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>10:30  Donuts &amp; Trivia with Rhonda [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Blood Pressure Clinic [AR]</p> <p>2:00  Intro to Wii Bowling</p> <p>3:00  Beanbag Baseball [DR]</p> <p>5:00  Word Jumble Jamboree [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	
<p>8:00  Bakersfield Bible Church Service [CH] <b>22</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>9:15  Bakersfield Bible Church, Part II [CH]</p> <p>10:30  Communion: St. Phillips Church [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Intro to Marble Pursuit [CR]</p> <p>3:00  Infused Water Bar with Who's Who [ATR]</p> <p>5:00  Word Mania [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>9:45  Chair Exercise with Phyllis [ATR] <b>23</b></p> <p>10:00  Bridge [CR]</p> <p>10:15  Bocce Ball [DR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Monday Matinee: Dressed to Kill [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Pool Noodle Balloon Bash [DR]</p> <p>4:00  Music, Mosaic and Mimosa [AR]</p> <p>5:00  Crossword Chaos [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p>9:45  Sit &amp; Be Fit Exercise [ATR] <b>24</b></p> <p>10:15  Left Right Center Game [AR]</p> <p>11:00  Virtual Reality: A Deep Sea Experience [ATR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Hand &amp; Foot Card Game</p> <p>3:00  New Car Racing Game [ATR]</p> <p>5:00  Wine &amp; Giggles [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>25</b></p> <p>9:45  Squats &amp; Strength Exercise [ATR]</p> <p>10:15  Sounds of Praise [DR]</p> <p>10:30  Bea's Creative Corner [ATR]</p> <p>11:00  Craft Social: Paper Pumpkin [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Beach Immersion Therapy [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Beanbag Baseball [ATR]</p> <p>5:00  Word Search Wonder [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<p><b>26</b></p> <p>9:45  Bands &amp; Balance Exercise [ATR]</p> <p>10:30  Bible Study with Rae Ellen [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Knit One &amp; Crochet Two [AR]</p> <p>3:00  Livin The Dream [AR]</p> <p>5:00  Sudoku Challenge [ATR]</p> <p>6:45  Poker Game Night [CR]</p> <p>6:45  Sudoku Boot Camp with Herb [AR]</p>	<p><b>27</b></p> <p>9:00  Prayer Circle [CH]</p> <p>9:45  Stretch &amp; Bend w/Sherrill [ATR]</p> <p>10:00  Barns &amp; Noble Book Store [ATR]</p> <p>10:15  Bocce Ball [DR]</p> <p>10:15  Candy Bingo [AR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Celebrating 101 Year's with Bryna Kullgren [ATR]</p> <p>5:00  REBUS Puzzle Solutions [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p><b>28</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>10:30  Who Done it Club [AR]</p> <p>11:00  Park Lane Jewelry with Julie [ATR]</p> <p>12:15  Table Trivia [DR]</p> <p>1:30  Blood Pressure Clinic [AR]</p> <p>2:00  Intro to Wii Golf [AR]</p> <p>3:00  Beanbag Baseball [DR]</p> <p>5:00  Word Jumble Jamboree [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	
<p>8:00  Bakersfield Bible Church Service [CH] <b>29</b></p> <p>9:00  Healthy Heart Walking [ATR]</p> <p>9:15  Bakersfield Bible Church, Part II [CH]</p> <p>10:30  Communion: St. Phillips Church [CH]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Board &amp; Card Games: Pokeno [CR]</p> <p>3:00  Root Beer Floats [ATR]</p> <p>3:30  The Flying Marino's [ATR]</p> <p>5:00  Word Mania [ATR]</p> <p>6:45  Mexican Train Dominoes [CR]</p>	<p>9:45  Chair Exercise with Phyllis [ATR] <b>30</b></p> <p>10:00  Bridge [CR]</p> <p>10:15  Bocce Ball [DR]</p> <p>12:15  Table Trivia [DR]</p> <p>2:00  Monday Matinee: Seabiscuit [CR]</p> <p>2:00  Solstice Country Store [ATR]</p> <p>3:00  Trivia Toss</p> <p>4:00  Music, Mosaic and Mimosa [AR]</p> <p>5:00  Crossword Chaos [ATR]</p> <p>6:45  Resident Bingo [AR]</p>	<div style="text-align: center;">  <p><b>SOLSTICE</b> SENIOR LIVING AT BAKERSFIELD</p> </div> <p>8200 Westwold Drive Bakersfield, CA 93311 661-663-8393</p>				<p><b>Location Keys</b></p> <p>Atrium ATR</p> <p>Card Room CR</p> <p>Chapel CH</p> <p>Dining Room DR</p> <p>Vibrant Life Room AR</p>	<p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>